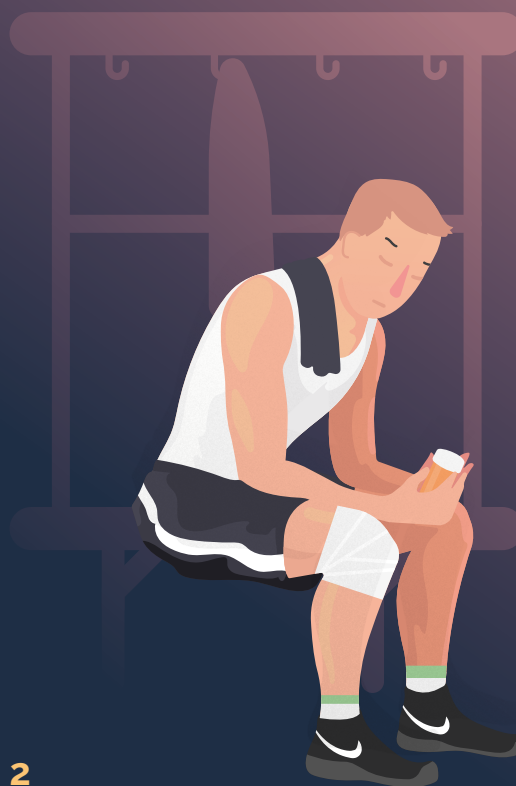
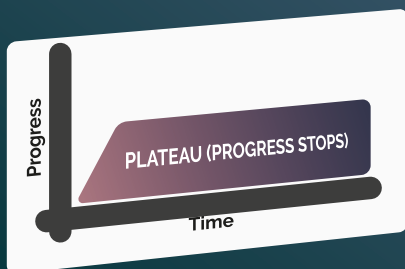


1

Loss of form or reaching plateau: No longer able to perform at the same level as before, or is no longer progressing in his / her training.



2

Injury: Pressure to return to training quickly, recover better and faster, or lack of recovery from injury

Key Periods for Adoption of Steroid Use within Bodybuilding/Fitness

3

Transition periods linked with adoption / cessation: Adoption linked with potential to move from amateur to professional level; Cessation associated with life transitions such as getting married and starting a family.



Supplements: Use of licit performance enhancers (e.g., nutritional supplements) may facilitate fascination with performance enhancement that may encourage steroid use